

2nd Online Policy Lab – Mental Wellbeing and Sustainable Care Workforce – Practices and European Perspectives

17 June 2026,
14:00-15:30 (CET)

Registration link: <https://us02web.zoom.us/meeting/register/WDdnfBrHRjWLj6bi9jKE4Q>

The Caregivers Advancing Regulatory Environment and Skills (CARES) project focuses on upskilling and empowering care sector professionals, promoting their mental health and well-being, and improving their working conditions. The project aims to improve self-care practices, digital and sustainability competences in the social care sector through building a comprehensive capacity-building training program, and by providing mentoring, and self-learning handbooks.

This second Policy Lab will focus on presenting the practical results of the project. The session will introduce the CARES Online Training Platform and its training modules, followed by three good practice presentations from European organisations working in the social sector. The lab aims to facilitate experience exchange and reflection on how these practices can support the well-being of care professionals across different national contexts.

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AGENDA

14:00 - 14:10	WELCOME & INTRODUCTION	<ul style="list-style-type: none">• Welcome remarks• Introduction to the objectives of the 2nd Online Policy Lab• Overview of the agenda <p>Chair: Luca Koltai, HÉTFA Research Institute</p>
14:10 - 14:30	CARES PROJECT PRESENTATION – ONLINE TRAINING PLATFORM AND TRAINING MODULES	<p>Presenter: Francesca Michelucci, Cooperativa Sociale Labor</p>
14:30 - 14:45	GOOD PRACTICE PRESENTATION #1	<p>Presenter: Dalma Fábíán, Policy Officer of FEANTSA, European Federation of National Organisations Working with the Homeless</p>
14:45 - 15:00	GOOD PRACTICE PRESENTATION #2	<p>Presenter: Amedea Enache, Director of Estuar Foundation, Bucharest, Romania</p>
15:00 - 15:15	GOOD PRACTICE PRESENTATION #3	<p>Presenter: Vaida Čyžiūtė-Tatulienė, Deputy Director for Social Work at the Alytus City Social Services Centre, Lithuania</p>
15:15 - 15:20	DISCUSSION & REFLECTIONS	<ul style="list-style-type: none">• Questions from participants• Exchange of experiences and reflections on presented practices
15:20 - 15:30	CLOSING REMARKS	<ul style="list-style-type: none">• Main takeaways• Next steps within the CARES project• Information about upcoming activities



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